COACH

The future of healing has arrived
Welcome

Thank you so much for your interest in joining the Heal Thy Self movement...

One of our biggest missions as a brand is to empower as many people as possible with the wisdom and tools to take back their power and heal themselves.

That truly wouldn’t be effective without Heal Thy Self Academy and our Coaches who graduate from our coaching program, so we are so excited that you’re considering joining us.

Community is of huge value to us and as a Conscious Business we always look at how to maximise support for our coaches, what we offer and making sure that our community, your clients have the best possible experience when working with you.

By training with us to become a coach, you’ll be part of a world wide health movement which partners with people at the top of their game in their field making cross referrals easy and also opening up global channels of communication.

This coaching program truly is unique, in that it uses ancient technologies to help prevent dis-ease before people are even aware of it! You’ll be shown the tools to empower people to then bring their health back into a state of thriving balance. That for us, is the future of Self Care.

We’re so glad that you are considering taking up this amazing opportunity that will change your life in more ways than you can imagine. Looking forward to potentially working with you.

Rachelle Starr
CEO
Heal Thy Self
ABOUT HEAL THY SELF

Heal Thy Self Co has been at the forefront of holistic health for the last decade with the core driver being to empower people when it comes to self care. Everything from nutrition to mindset to emotional wellness and healthy relating, we’ve been sharing it.

We saw that people were really hungry for this kind of information that by creating a community or a hub for all the wisdom we’d been privy too was going to create a beautiful ripple effect of change in people across the world.

We’ve always believed that the way forward is to come together in community. It’s always about connecting people - to their health, themselves, and each other.

We have been doing this by sharing unique messages from leading wisdom keepers and experts that have the ability to help humanity grow and expand. We’ve weaved this training into our Heal Thy Self Coaches, TRiBE community, live events and through these mediums sharing tools for people to truly transform their lives.

Our Values and Beliefs

SIMPLICITY  INTEGRITY  EMPOWERMENT  LINE IN THE SAND  COMMUNITY

MEET YOUR TEACHER TYLER TOLMAN

Tyler Tolman is a world-renowned speaker, entrepreneur, media personality, event facilitator, truth-teller and one of the world’s leading authorities on natural health and longevity.

He is the co-founder of Heal Thy Self and has touched the lives of millions of people around the world. His live events, workshops, retreats, products, educational platforms, Heal Thy Self TRiBE and Heal Thy Self Academy have been built on a solid foundation of ancient wisdom combined with modern science.

SUTCHAIN H

“I became a nurse because I wanted to care and heal but as a registered nurse working in general practice, I knew I was failing. I was frustrated with managing chronic disease, I knew the answer was a lifestyle change but I lacked the resources, time restraints and receiving conflicting advice made this a challenge. I knew the principles that Tyler taught was with the answer to healing but I needed to know more, so I completed Academy and the coaching program and have never looked back. What this gave me was the confidence, education, protocols and ongoing support to step away from nursing in mainstream practice and set up my own private nurse led clinic. I no longer manage chronic disease and now support my patients in reversing their chronic health conditions.”
AN OVERVIEW OF
THE HEAL THY SELF
COACH JOURNEY

1. ATTEND A HEAL THY SELF EXPRESS EVENT

Heal Thy Self Express is all the information that they would need to download and start healing themselves.

2. ATTEND HEAL THY SELF ACADEMY

This is where you come and you actually practise. For ten days, you come and have a practical experience of sitting down with people and taking eye photos, learning to use the camera, learning to identify all the congestion. At the end of this, you are absolutely confident you can sit down with somebody, find out what’s going on within their body, and create a plan for them.

3. JOIN THE HEAL THY SELF COACH STUDENT PROGRAM

A journey that supports you to become a Coach.

GINA S

I am so grateful to be here for such a life changing program. I feel even more passionate about wellness and assisting others reach their optimum level of health. The program was so inspiring and the amount of knowledge I have gained over this past 10 days has been amazing. A huge thank you to Tyler for being so awesome. I am ready to spread the future of healing!
STEP 1: ATTEND HEAL THY SELF EXPRESS OR COMPLETE ONLINE

Heal Thy Self Express is an absolutely amazing transformational event. Attracting 150 - 200 people from all over the world. You can attend this in person or you can complete the program online, so no matter where you are, you can go through this process and really educate yourself.

Heal Thy Self Express takes you through the three big diseases, heart disease, cancer and diabetes. We break these three major diseases down and show what causes them and how to start to heal from them.

We get into awareness, which is education about all the things to avoid. All of your attitudes, your genetically modified foods, your preservatives and your colours. All the things that are carcinogenic that we don’t really know about. We educate how to identify labels. And how to start to clean the toxic chemicals out of our house, bathroom, office and pantry.

You learn how to make your own personal care products or start buying some that are chemical free.

We will also talk about the statistics and truth around doctors, pharmaceutical drugs, where they come from, what they do, how they work, hospitals and vaccinations.

The Seven Principles of Health is how we modify our lifestyle to start healing. By starting with little simple things that we can do to literally bring back a situation of health.

You will learn the foundation in Iridology and Sclerology, which is how to identify congestion, disease, sickness, toxicity, genetic weakness from history, and then how to start your healing journey.

We get into intermittent fasting, which is an ancient lifestyle. You will learn all about the science benefits behind it. And then we get into fasting which is the fastest way to heal ourselves. You will have an understanding of what you need to do to prepare for a fast, whether you should do a water or a juice fast, what kinds of juices are good for specific organs, what kind of water and so forth.

We will share what you should do during a water fast and what types of rituals have been observed for thousands of years to help with the detoxification process which will make it easy, so you actually feel good. Lastly, you will know how to break a fast properly, and how to genuinely heal yourselves.

That’s what that Heal Thy Self Express is all about.

“PAULA T

“This program was absolutely life changing. I didn’t realise I would learn and grow so much personally as well as having the tools to work towards complete health for myself and a new career following my passion.”
STEP 2: ATTEND THE HEAL THY SELF ACADEMY

Once you’ve graduated Heal Thy Self Express (either online or in person), then you qualify to come to Heal Thy Self Academy.

ABOUT THE 10 DAY WORKSHOP

We believe that every person has the ability to heal themselves and reach their full potential - given the right conditions. And that’s why the Heal Thy Self Academy exists, to create future coaches as I believe, we are the physicians of the future.

The Heal Thy Self Academy is a unique and profound educational program that teaches the wisdom and methodologies of the Tolman Philosophy.

This is a physical program where you come to Bali, Indonesia. This is where you practice, practice, practice... Sitting down, learning how to take photos of the eyes - the eyes don’t lie this technique is the number one tool for identifying congestion, toxicity, sickness, genetic weakness, emotional imbalances and disease in the body.

When you sign up, you get an Iridology camera delivered to you in the mail with complete instructions on how to set it up and how to use it. You can take your own eye photos or you can take eye photos of your family and friends.

We send you the camera so that you can bring it to the program in Bali where you will be get very familiar with using it. We also send you a sample pack of all of our Heal Thy Self healing products. The Heal Thy Self Greens helps build your blood, so it helps you to heal. The Heal Thy Self Colon Cleanse is so you can clean yourself from the inside out. Plus we send you some healthy Heal Thy Self Raw Food so that you can be in a really good place when you come to the Academy - ready to learn new information to take on the world!

The Heal Thy Self Academy offers an intermediate level of training for those who have a genuine interest and passion in truly understanding their own body, how to heal themselves and how to help others on their journey to healing themselves.

It’s time to reclaim your power and become your own physician. This is an invaluable opportunity to invest in your health and your future. It will change the way you look at health forever.

WHAT WILL YOU LEARN?

• You will learn about the anatomy and physiology of the 7 body systems
• You will gain an understanding of what the contributing factors are to disease from a physical and metaphysical level
• You will learn how to detoxify and nourish your body or others with delicious fresh whole foods, herbs, tea, cleanses, oils, emotional and energetic healing practices
• You will receive your own iridology camera and an intermediate level of education in iridology and sclerology
• Learn strategies and techniques to identify genetic weakness, toxicity, congestion and how to cleanse and heal these naturally
• Participate in hands-on daily workshops to integrate and practice your new knowledge

TRACY

Amazing informative course!
Practical approach to introducing a greater health and vitality to your life!!
WHAT A TYPICAL DAY LOOKS LIKE

Each day will be dedicated to specific organs of each of the 7 body systems. You will gain in-depth knowledge, experience, hands-on demonstrations and practice real-time assessments with tools, techniques and support from Tyler and his dedicated team of professionals. This is approximately how the days look like during the program.

6:00am  Morning activation and healing rituals with Tyler (rotation 1 morning on, 1 morning off)
7:30am  Free time to enjoy breakfast, the beach and the sunshine
9:00am  Education / Anatomy and Physiology / Iridology and Sclerology / Remedies
12:00pm Free time to take in the sun or a massage, go for a walk and relax over lunch
2:30pm  Demonstration / Practical Workshop / Self-Assessment / Q&A
5:30pm  Own time to relax and unwind, have dinner and explore Bali

Day 5 is a day off that gives you the chance to reflect and absorb what you have learned. This is because the program is content heavy, and we have consulted with professionals to ensure that the program is as brain friendly as possible!

The program will finish with a celebratory lunch concluding at 2.30pm on the last day, and you will receive a Certification of Completion of the Heal Thy Self Academy program.

WHAT’S INCLUDED?

The Heal Thy Self Academy is an educational workshop only, so you will need to arrange your own accommodation, transport and meals.

You will receive your own iridology camera, a workbook and reference guide. It is a workbook with all of the charts, practice exercises and detailed information on how to support each of the 7 systems of the body on a physical and metaphysical level.

There are 9 full days of education where you will learn Tyler's methodologies and how to implement them into your life.

HOW DOES THIS WORK?

A prerequisite for this program is the completion of Heal Thy Self Express live or online.

Once you have completed this, you can enrol for the Heal Thy Self Academy program.

Each participant must bring their own laptop. A Welcome Pack will be sent to you 6 weeks prior to the event with an eye camera that will also be needed for the program.

KATE V

Heal Thy Self Academy is a fantastic program that provides comprehensive knowledge on iridology and sclerology and basic overview of human anatomy. It offers practical techniques to provide to clients, friends and family to enhance their overall health :)
WHERE THE ACADEMY IS LOCATED

The Heal Thy Self Academy happens on the beautiful island of Bali. The island is known for its forested volcanic mountains, iconic rice paddies, beaches and coral reefs. It’s the lush and tranquil heart centre of the Heal Thy Self Tribe and the location of Tyler’s most popular retreats.

WHAT HAPPENS ONCE I’VE GRADUATED HEAL THY SELF ACADEMY?

Heal Thy Self Academy is an advanced level of training BUT because it’s only a ten day course, you will still need to go out and practice. That’s why we refer to it as an intermediate level certification.

If you are already a certified health or wellness practitioner, the Heal Thy Self Academy Certificate of Completion allows you to weave the wisdom you learn from Tyler into your already existing practice.

If you are not a practitioner, you will be fully educated to start your own consultations looking at iridology and sclerology and help people implement the 7 Principles of Health into their daily lives.

By joining the Heal Thy Self Coach Program and becoming a certified Heal Thy Self Coach, we will continue to support you with all the business tools and systems we have created over the last decade.

At the end of the day, it is an investment in your own future; in your ability to heal yourself and others. For us, there is nothing more fulfilling in our lives than seeing other people healing. You can’t put a price on that.

“"I was introduced to Tyler and the Heal Thy Self message in 2015. I vividly recall sitting in the audience at Tyler’s Longevity Tour overwhelmed by emotion. His message resonated with me so profoundly and I felt like for the first time ever, I was hearing all I needed to free myself from poor health. The Heal Thy Self message is powerful and unlike any other that you’ll hear. It has changed my life beyond belief and I know that it will change yours, too.

This coaching program is different to all the other programs because this one offers truly unique content that is delivered by a truly unique master of health. It’s about more than just reading a few books and sitting an exam, it’s about learning and living the 7 principles of health and surrounding yourself with a rich community, a Tribe, to empower you to not just heal yourself and others naturally from dis-ease, but to fully live your best life. When you complete this program, you will see that you don’t just walk away with a certificate, you get an entire framework to support the growth of your business and through mentorship, community and ongoing support from like-minded, passionate people, you will be propelled into a new level of health coaching that is precisely what the world needs now.”

DIANE S

“MELISSA

This was such an eye-opener for me. I didn’t even know what I didn’t know! It was packed with information, advice, strategies, and completely motivated me to make some serious changes to my diet and lifestyle. I also became way more aware of the household and beauty products I use and what they are doing to me. I can highly recommend this 3 day event. It is life changing.”
Become a health coach and transform lives
WHY CHOOSE OUR COACH PROGRAM?

Join the Heal Thy Self Movement by becoming a Heal Thy Self Coach...Transform yourself and help educate others too!

If health and wellness are your passion and you'd love nothing more than to help transform the lives of others, now is the time to follow your calling and start a career as a health coach.

This is your opportunity to join a team of like minded people who are determined to change the world and create a new approach to solve today's public health crisis.

Our Health Coaches are holding people accountable and redefining what is means to treat dis-ease, reduce global health care costs and teach people about proper nutrition.

We created the Heal Thy Self Coach Program to inspire, educate and mentor others so together we can spread the Heal Thy Self movement around the planet, helping individuals to live Healthier, Happier Lives.

We only offer this opportunity to Heal Thy Self Academy graduates, so this is an amazing chance for you to monetise the investment you have already made in yourself and your future.

Exclusive access to the Coach Program allows us to maintain the highest standards and create a team of people who are being paid to heal others through sharing this wisdom.

It also ensures a tight network of incredible students to learn from as we walk this journey together.

WHO IS THIS FOR?

This is for you if you're sick and tired of working in a job that is not fulfilling. If you're working nine to five for someone else, or maybe not doing something that you're really passionate about, then this is for you. If you're sick and tired of being sick and tired and want to heal yourself, this is for you.

If you don't feel you have the skills or the knowhow to heal yourself, or to help other people, that's what this entire journey is all about.

IF YOU'RE THE TYPE OF INDIVIDUAL THAT WANTS TO KNOW....

• How the body actually works
• What is going on in the body when conditions arise
• What do I specifically have to do to heal myself?
• How can I identify disease by looking in my eyes or at blood test results?
• How can I identify what's actually going on for me?
• What's going to help me move in the right direction?

....then the journey to become a Heal Thy Self Coach might be just right for you.

ABOUT THE HEAL THY SELF COACHES

1. LOVE LEARNING ABOUT HEALTH AND WANT TO PRACTICE THEIR SKILLS BY HELPING OTHERS
2. HAVE FOUND THEIR CALLING AND WANT TO TURN THEIR LOVE OF WELLNESS INTO A CAREER
3. HAVE THEIR OWN HEALTH BUSINESS AND WANT TO ADD MORE VALUE TO THEIR OFFERINGS

What they all have in common is a dedication to learning the truth about proper health and being a shining example in the lives of those around them.

SARAH

“This experience was profound for me and I would highly recommend it to anyone who is looking to heal themselves (I believe all of us have done healing to do in some way) or friends, family or clients. Forever grateful for the things I have learnt and the wonderful souls I have met.”
ARE YOU THE NEXT HEAL THY SELF COACH?

- Are you sick and tired of working in an unfulfilling job just to pay the bills?
- Are you passionate about health, fitness and wellness?
- Have you been through a positive health experience that will inspire others?
- Would you like to make a living by coaching others in health and wellness?

IF YOU KNOW THAT DEEP DOWN YOU HAVE A BIGGER PURPOSE AND A MISSION TO SERVE OTHERS IN THE AREA OF HEALTH, THEN THIS COULD BE THE OPPORTUNITY YOU’VE BEEN WAITING FOR.

WHAT WILL YOU LEARN?

Through regular group webinars, training calls and an interactive online training portal, you’ll learn:

You’ll discover how to find clients and build a successful healing business of your own.

You’ll learn how you can leverage off the time and money we have already spent on creating the structure and systems for our online programs, communities, physical retreats and life changing products!

You will learn where to start and how, even if you don’t have any health qualifications.

While some health coaching courses cover health education only, this program covers it all - health education, business mentoring and the technical side of how to use online systems.

MITCHELL V

“The reason I was called to this course is that I manage to heal myself from chronic nerve pain which I had for 2.5 years, by following Tyler 7 Principles. Since then I have had this awakening where I really wanted to help people, to heal themselves. When Tyler brought out Academy and Coach I knew this is exactly what I wanted to do and took the leap of faith. It was the best thing I have ever done! What Tyler teaches is amazing, he goes through all the systems of the body and shows you how to read that in the eye. Studying Iridology and Sclerology. He also shows you how to give a practical consult and teaches you the energetic side of things, the emotions of why, and where you can see it appear in the body. So you are then able to give it a go yourself and give a consultation.

I was Tyler’s first Heal Thy Self Coach and when I graduated, things really change. Tyler sent me supportive content, his back end office support team, who helps you learn how to run your business, which is something that is just priceless.”
HOW DOES THIS WORK?

WE ARE HELPING CREATE A GROWING SHIFT IN CONSCIOUSNESS.

Being a Coach is our No. 1 way to collectively influence the way we treat ourselves, each other, and the planet.

It’s the beginning of a whole new adventure! By becoming a Heal Thy Self Coach, you will know you’re contributing to global healing and a happier, healthier way of being in the world.

TRACY S

“Since being a pioneer of Tyler’s first Academy, it has opened up many opportunities for me to help and support many people on their health and wellness journeys. I have not only slowly built up my business, but more importantly I have grown who I have become in the process. I have more knowledge in health, business acumen but most of all I have gained more inner strength, resilience, empathy, determination, confidence, clarity, passion and spirit which to me has been priceless.”
WHAT THE PROGRAM INCLUDES
Once you are a Heal Thy Self Coach student, we make it easy for you to start your own business. We know how overwhelming it can be because we’ve been there!

We help our Coaches start their new venture, and have created a complete package where you gain access to our business systems that have already been tried and tested.

All you need to do is set up your availability and start promoting yourself. It’s super easy!

AS A COACH, YOU GET ACCESS TO:
• A 1-on-1 Coaching Scheduling System
• Client Pre Consultation Form
• Client Waiver Form
• Coaching Packages
• Heal Thy Self Coach Business Cards
• Presentation Templates
• Payment System Gateways
• A private online Support Group with fellow Heal Thy Self Coaches and students
• Online web events with Tyler and the Heal Thy Self Coach Team
• Up to 20% affiliate commission on Heal Thy Self manufactured and/or branded products, programs and event sales to clients or network.
• Provide your clients and network with Heal Thy Self discounts on events and programs
• Your own Affiliate Dashboard with Heal Thy Self marketing images and copy to use in your own promotions
• Endless resources, presentation templates and brochures to help build your Heal Thy Self Coach Business

The official Heal Thy Self App is a coaching platform that helps you build relationships and lets you track your client’s progress from your smartphone or table. Giving you access anywhere and anytime.

You can see their daily metrics, communicate with them plus save their important files needed to support them on their journey. This gives you time to focus your attention on your clients wherever you are in the world, and give them the assistance and support they need on their healing journey to better health.

You also get complimentary access to Heal Thy Self TRiBE membership platform for the duration of the contract period where you will be showcased to the Heal Thy Self network.

WHAT HAPPENS ONCE I’M HEAL THY SELF COACH?
Once you have successfully passed your additional training and arrived at the destination of becoming a Heal Thy Self Coach, in addition to all of the affiliate perks, you will also:

• Receive your Heal Thy Self Coach Certificates
  a. Heal Thy Self Coach
  b. Iridology - Intermediate Course
  c. Sclerology - Intermediate Course
• Have access to the custom designed Heal Thy Self App and Coaching Platform (used by Tyler in his own practice)
• Be listed and showcased as a certified Heal Thy Self Coach in our trusted TRiBE network and community
• Be directly referred clients who are seeking consultations
• Attend the Heal Thy Self Events as a Coach representative
• Participate in the educational content for the Heal Thy Self TRiBE community and become one of our core team leaders.

DON P
“My beautiful partner Sara was actually the one who first showed me what Tyler does and for this I am most grateful to her. I came here to learn how to heal my body and my life and now feel that I am already on the way to achieving that. The knowledge gained in such a short time was exactly what I personally needed and i now see some light shining in what has been a very long, dark tunnel called life. I hope that in the not too distant future that I will be able to help others in a similar way that Tyler has been. Loved every minute of the Academy, life changing and an awesome experience. Love, light and gratitude to Tyler and all crew members.”
FREQUENTLY ASKED QUESTIONS

If I’m not sure I want to be a coach, is this right for me?

Absolutely! The Heal Thy Self Coach pathway is a destination in itself as well as a journey - the choice is all yours!

Many of our students are happy to stay as members without further education and build their income through hosting Heal Thy Self parties or sharing their affiliate link with family, friends, colleagues and their social networks.

However to make most of the 12 months, you can turn something your enjoy learning about, into a passion and lifestyle of living. Creating an avenue to earn additional income on the side or turn it full time, while helping others heal.

What happens after I complete the Expression of Interest Form?

As soon as we have received your EOI form, your application will be reviewed. If successful you will be asked to read and sign the Heal Thy Self Coach Agreement and commit to the 12 month journey, and then move to payment.

If unsuccessful, you will be given feedback and are able to reapply again in the future.

Do I get instant access to the content?

Yes. Once the Heal Thy Self Coach Agreement is signed and you have paid your deposit, you will get instant access to our world class members platform, systems and Heal Thy Self App.

How will I be supported?

You will have access to the Heal Thy Self Coach Facebook Group where you can ask questions, use the search options for topics that may have been already discussed as well as ask questions on our live monthly web events, in regards to health education, coaching and business.

In addition you can always email our Coach Support Team on coaches@healthyself.co

How do I build Heal Thy Self platform?

We want to see all of our students thriving, so we’ve put together a “getting started” how-to guide as well as some promotional material and order forms so you can get together with groups of friends and be rewarded through sharing your knowledge and information about Heal Thy Self products and events to inspire others to live a healthier, happier life.

You will also have access to your own affiliate dashboard to track sales, access suggested copy and Heal Thy Self branding for your promotions, and send the info out to your audience with one click.

Is there a locked in contract?

To show your commitment to yourself and this path, we ask for the first 12 months to be paid in full.

After the first 12 months, you will be automatically charged to a month-by-month membership subscription. As long as you’re a Coach, you’ll be able to access the commissions, discounts, special offers and ongoing training opportunities.

If you wish to terminate your contract once the first 12 months is completed, you can.

Do I need to have started my own business?

No, not at all. The Heal Thy Self Coaching Program supports you with how to set up and start your business.

If I have my own business, how does this benefit me?

By completing Heal Thy Self Coach Program, you are able to guide your existing clients even deeper into their journeys by bringing the Tolman Methodology of the 7 Principles of Health, plus Iridology & Sclerology to your existing business.

Please note it is only if you are a paying Heal Thy Self Coach Member, you will be receiving referral leads, commissions, discounts, special offers and ongoing training opportunities.

How does the commission work?

Heal Thy Self Coach/Student receive a commission of up to 20% (the highest rate available) on the sale of Heal Thy Self branded products and events, including Tyler Tolman’s range of worldwide events. You receive a unique affiliate link which you can share immediately and start earning affiliate income and the payments are then issued once a month. The commission is based on the gross revenue for the sale, excluding shipping expenses and taxes.

What is Heal Thy Self Coaching App?

As a Coach and Student you will have access to the
official Heal Thy Self Coach App. This is a coaching platform that helps you track your client’s progress from your smartphone or tablet.

You can see their daily metrics, communicate with them, plus save their important files needed to support them on their journey. This gives you time to focus your attention on your clients wherever you are in the world, and gives them the assistance support they need on their journey to better health.

**What educational material will I be provided?**

As we are constantly improving our offerings we are always updating our documents. You will have access to the educational web events library, Heal Thy Self Academy Recordings, training videos, case studies & testimonials, updated eye charts, overlays and more.

**What is the pathway to become a Coach?**

In order to transit from a student and become Heal Thy Self Coach you will be required to commit to the following:

Partner practice with 1 x Heal Thy Self Coach Student colleague for a 3 month coaching period to improve your own healing journey AND experience what your clients experience.

Attend a minimum of 8 training webinars with Tyler Tolman.

When offering 1-on-1 consultations, you must inform the client that you are a ‘Heal Thy Self Student Coach in training who is on track to become a certified Heal Thy Self Coach’.

Complete 6 x 1-on-1 consultations with a ‘practice client’. Client Feedback and Positive Feedforward forms obtained from your ‘practice clients’. Your practice clients should not be a family member or close friend. You are required to complete this within 12 months of becoming a Coach Student.

Video Record 2 consultation sessions and submit the recordings to be reviewed by Tyler and his team within the first 12 months of becoming a Coach Student.

Be active in the TRiBE Community* & Heal Thy Self Coach Facebook group, providing learned guidance and support.

Complete the Final Exam with a minimum of 90% pass to become a Certified Heal Thy Self Coach.

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**KIRSTEN**

*In only 3 days you’ll get all the tools and education you need to become the healthiest you possible. Tyler shares his infinite wisdom with you on how to implement self care into all aspects of you and your families lives. Simple and effective you’ll wonder why you weren’t doing it all before. The weekend will also give you a community of like minded people that you’ll find invaluable once the course is over. Learn how to: make your own natural self care products, create delicious nurturing and healthy food, and much much more.*
COME AND JOIN US!

THE HEAL THY SELF COACH PROGRAM IS WAITING FOR YOU

WE SUPPORT EACH OTHER TO ACHIEVE GREAT THINGS THROUGH SHARING THE TRUTH

WE EMPOWER EACH OTHER TO TAKE COURAGEOUS ACTION

WE INSPIRE EACH OTHER TO LEARN AND GROW

THIS IS THE PLACE TO STEP UP AND LEAD BY EXAMPLE

TO CREATE A DIFFERENCE IN THE WORLD, NO MATTER HOW BIG OR SMALL

TO BE REWARDED FOR SHARING THE MESSAGE OF DIVINE HEALTH.

ENROLL ME

Once you have graduated from Heal Thy Self Express and Heal Thy Self Academy, all you need to do is express your interest by emailing coaches@healthyself.co. One of our team members will send you a sales order form to process a deposit and commence the application process.

“When we really ‘become’ this way of being in the world, the next step shows up. I believe the Heal Thy Self Coach Program pathway is the next step for many of you. You guys ARE the change-makers of the future and I thank you for being a part of this Heal Thy Self Movement with me.”

Tyler Tolman